

- relieving pain
- increasing mobility
- preventing recurrence



McTimoney
Chiropractic Clinic

Patient Information and Consent Form

Risk of Coronavirus (COVID-19) Transmission at McTimoney Chiropractic Clinic

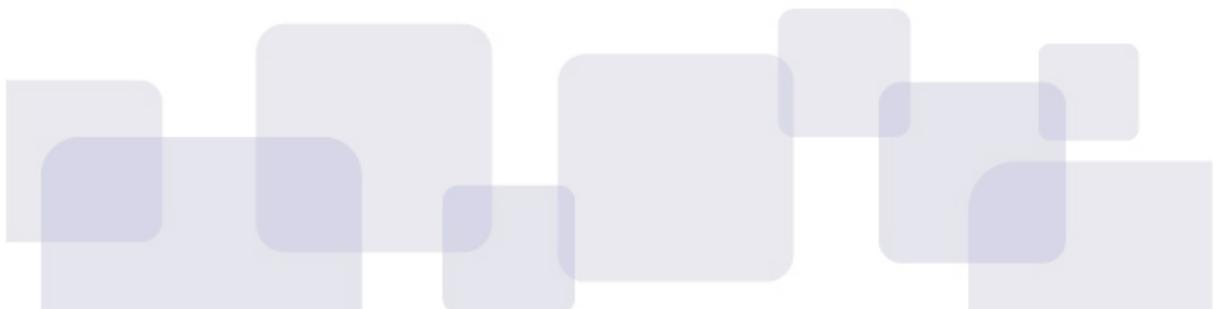
This Form is in addition to the consent form for chiropractic examination and treatment

The Government published a Statutory Instrument on 26th March 2020, **no. 350 'The Health Protection (Coronavirus, Restrictions) (England) Regulations 2020'** confirming that it is lawful for a chiropractic practice to remain open. It further defines those people who are recognised as vulnerable for the purposes of document.

The McTimoney Chiropractic Clinic has conducted a thorough risk assessment to ensure adequate levels of safety at this clinic are implemented and maintained. We are following the most up-to-date Government, Public Health England, General Chiropractic Council and McTimoney Chiropractic Association guidance and have put in place a stringent patient triage, hygiene, sanitation and infection control protocols to protect our patients and team members. Despite these precautions, there is a risk of transmission of the Coronavirus (COVID-19) and it is important that you understand the risk. We have provided the information below to help you decide if you wish to continue with your care at The McTimoney Chiropractic Clinic and remind you that you are under no obligation to do so.

Precautions that The McTimoney Chiropractic Clinic has in place:

- **All patients contacting us for an appointment are triaged by your chiropractor over the telephone to establish whether symptoms are present, if they are self-isolating, if anyone in their household has symptoms or is self-isolating, or they have been in contact with anyone with COVID-19 symptoms.**
- **We enforce a strict policy that anyone with any COVID-19 symptoms must stay away from the clinic.**
- **A second triage is conducted at the Clinic, including a temperature check on arrival.**
- **A strict cleaning, sanitation and infection control protocol is adhered to – Please ask if you would like to see this document.**



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- **All team members at McTimoney Chiropractic Clinic adhere to the social distancing guidance issued by the Government apart from when treating when social distancing can't be maintained.**
- **Chiropractors will be wearing full Personal Protective Equipment for your protection.**

The new normal: how things will be slightly different when you attend for treatment

Only one patient per time will attend the clinic and the space will be managed by your chiropractor. Please wear a mask or face covering but if you don't have one, one can be provided – please ask prior to your visit. We ask that on arrival you remain in your car until invited in. On entering the clinic your temperature will be taken with a thermal thermometer and you will be asked to use hand gel. The only surfaces you will be in contact with are the chair and the treatment table. All patients will be treated fully clothed so we ask that you wear loose, comfortable clothing. Please avoid bring any unnecessary items into the clinic such as handbags, hats etc. In addition, no family groups are permitted into the clinic and if accompanying the patient, they must wait in the car.

The McTimoney Chiropractic Clinic is committed to ensuring that every measure is in place to minimise the risk of exposure to COVID-19, we cannot guarantee there is no risk to you as a result of attending the clinic.

People can catch COVID-19 from others who have the virus. The disease can spread from person to person through small droplets from the nose or mouth which are spread when a person with COVID-19 coughs or exhales. These droplets land on objects and surfaces around the person. Other people then catch COVID-19 by touching these objects or surfaces, then touching their eyes, nose or mouth. People can also catch COVID-19 if they breathe in droplets from a person with COVID-19 who coughs out or exhales droplets. The risk of catching COVID-19 from someone with no symptoms at all is very low. However, many people with COVID-19 experience only mild symptoms. This is particularly true at the early stages of the disease. It is therefore possible to catch COVID-19 from someone who has, for example, just a mild cough and does not feel ill. (World Health Organisation)

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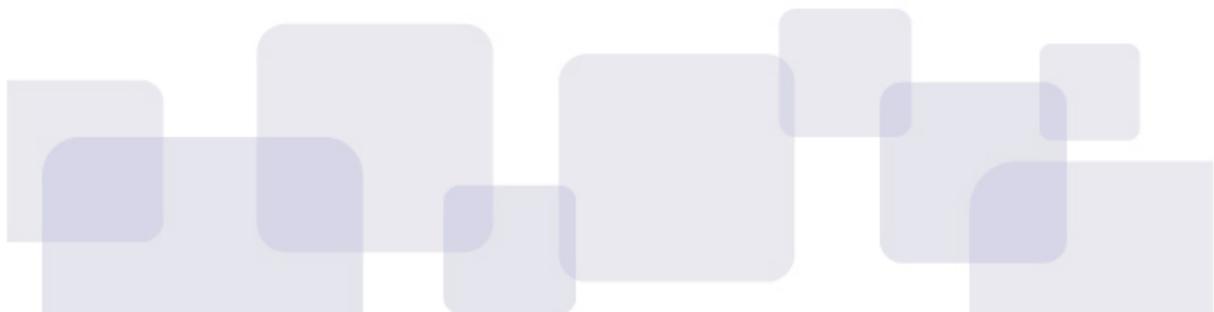


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Eligibility for Care

In addition to those with COVID-19 symptoms, self-isolating, living with someone with symptoms/ self-isolating, or have been in contact with anyone with or suspected to have COVID-19, we are currently not accepting patients from the “high risk” (clinically extremely vulnerable) groups defined below:

- Have had an organ transplant
- Are having chemotherapy or antibody treatment for cancer, including immunotherapy
- Are having an intense course of radiotherapy (radical radiotherapy) for lung cancer
- Are having targeted cancer treatments that can affect the immune system (such as protein kinase inhibitors or PARP inhibitors)
- Have blood or bone marrow cancer (such as leukaemia, lymphoma or myeloma)
- Have had a bone marrow or stem cell transplant in the past 6 months or are still taking immunosuppressant medicine
- Have been told by a doctor they have a severe lung condition (such as cystic fibrosis, severe asthma or severe COPD)
- Have a condition that means they have a very high risk of getting infections (such as SCID or sickle cell)
- Are taking medicine that makes them much more likely to get infections (such as high doses of steroids or immunosuppressant medicine)
- Have a serious heart condition and are pregnant



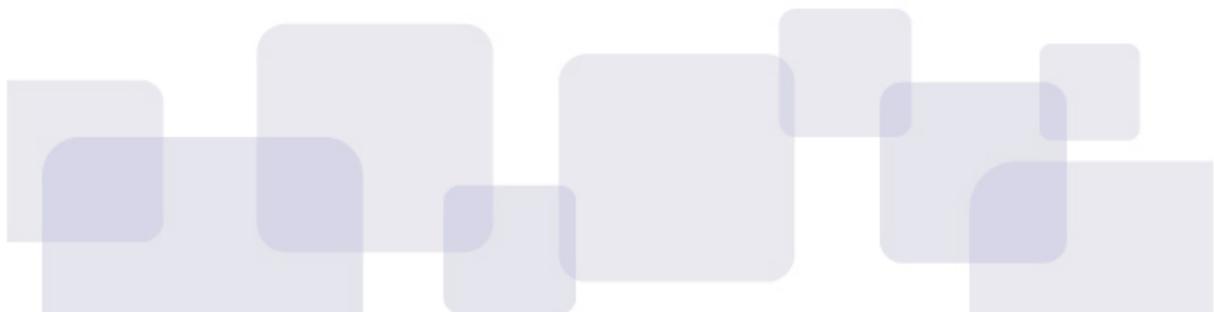
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If you are in the ‘Moderate Risk’ (clinically vulnerable) group as defined by the NHS below, **we may be able to offer you** a face to face appointment if it is deemed safe to do so:

- Pregnant
- Over 70
- Have a long-term health condition/ Underlying Medical Conditions as listed below:
 - Chronic (long-term) respiratory diseases, such as asthma, chronic obstructive pulmonary disease, emphysema or bronchitis.
 - Chronic heart disease, such as heart failure.
 - Chronic kidney disease.
 - Chronic liver disease, such as hepatitis.
 - Chronic neurological conditions, such as Parkinson’s disease, motor neurone disease, multiple sclerosis, a learning disability or cerebral palsy.
 - Diabetes.
 - Problems with the spleen, such as sickle cell disease or removal of the spleen.
 - A weakened immune system as the result of conditions such as HIV and AIDS, or medicines such as steroid tablets or chemotherapy.
 - Being seriously overweight, with a body mass index of 40 or above.



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Consent to receive care at the McTimoney Chiropractic Clinic

- I have answered all questions (triage) relating to my potential exposure to Coronavirus (COVID-19) truthfully.
- I understand that there is a potential risk of transmission of Coronavirus (COVID-19) as a result of attending the clinic and/or receiving treatment.
- I will undertake to contact the clinic and cancel my appointment prior to my visit if I start to develop COVID-19 symptoms
- I have had the opportunity to ask all the questions I wish to, and all my questions have been answered to my satisfaction.
- I have read, agreed to and understood the statements above relating to Coronavirus (COVID-19) risk and consent to receive care at The McTimoney Chiropractic Clinic.
- I understand and agree that I will need to give separate consent regarding my chiropractic care.

For patients in the “Moderate Risk” group only:

I understand that my condition puts me in the ‘moderate risk’ group as defined by the NHS and acknowledge that I have been given a full explanation of any additional risk. Please tick

For patients with GP or Consultant approval for chiropractic care:

I confirm that I have sought and been given permission by my GP/Consultant to attend this clinic for chiropractic care. Please tick

Patients Name: _____

Patients Signature: _____

Date: _____

